

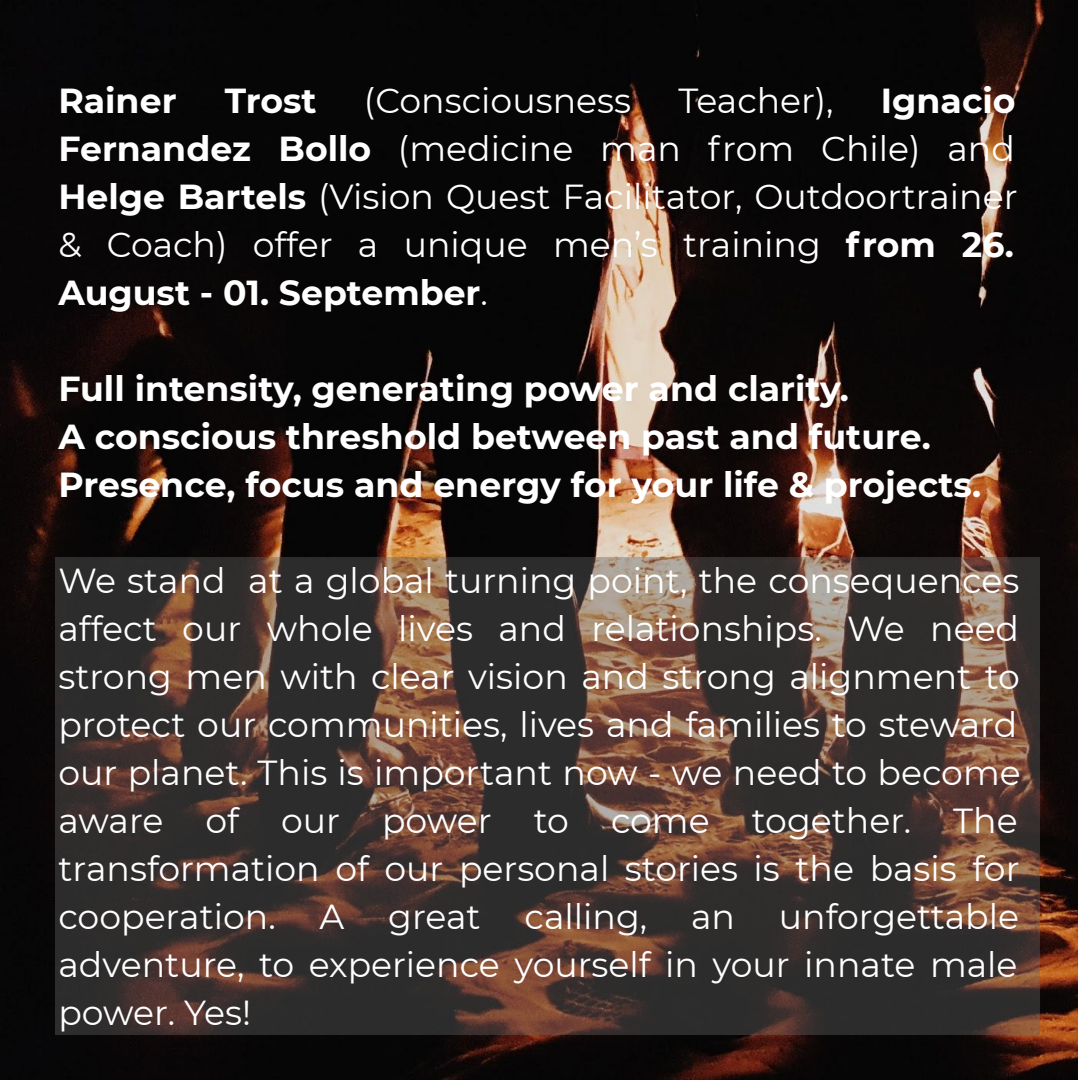


Vision Quest ▪ Constellation & Process Work  
Sound Healing ▪ Sweat Lodge ▪ Medicine Ceremony  
Presence Training ▪ Conscious Sexuality

**AN INITIATION- AND TRAINING WEEK FOR MEN  
WITH HELGE BARTELS, IGNACIO BOLO & RAINER TROST**

**CONSCIOUS.  
LIVING.  
MAN.**

**26. August - 01. September**



**Rainer Trost** (Consciousness Teacher), **Ignacio Fernandez Bollo** (medicine man from Chile) and **Helge Bartels** (Vision Quest Facilitator, Outdoortrainer & Coach) offer a unique men's training **from 26. August - 01. September.**

**Full intensity, generating power and clarity.**  
**A conscious threshold between past and future.**  
**Presence, focus and energy for your life & projects.**

We stand at a global turning point, the consequences affect our whole lives and relationships. We need strong men with clear vision and strong alignment to protect our communities, lives and families to steward our planet. This is important now - we need to become aware of our power to come together. The transformation of our personal stories is the basis for cooperation. A great calling, an unforgettable adventure, to experience yourself in your innate male power. Yes!

# The training includes:

- 2 days vision quest, crossing the threshold, facing yourself courageously with [Helge Bartels](#)
- 2 days process work, transforming ancestral conditioning & trauma, conscious sexuality and presence with Rainer Trost
- 2 days medicine ceremony, medicine songs and sweat lodges with Ignacio Bolo
- The week will be artfully accompanied by music producer [Steffen Kirchhoff](#)

## Additional facilitators and team:

- [Jonathan Klodt](#) (Coach and Co-Founder Leadership<sup>3</sup>)
- **Steve Döschner** (Social-Entrepreneur)
- **Thomas Jauernig** (Outdoor Trainer)
- **Roman Best** (Fireman, Permaculture Expert)

**Location:** Eschwege-Eltmannshausen

**Date:** 26.08.-01.09.2019

**Your Investment:** 1008€, incl. food and accommodation.

*Limited number of participants*

The event is unique in it's form and constellation. If you feel called please send an email to [jaivadharm@gmail.com](mailto:jaivadharm@gmail.com) and transfer a deposit of 100€ to Helge Bartels, DE53 5225 0030 0051 3744 78.

If you have any questions, please call Rainer at 01783067971.